

Advanced Practitioner

Michal Sadowski – Advanced Nurse Practitioner

Michal is an advanced practitioner working in the Dementia Intensive Support Service (DISS) and Functional Intensive Response and Support Team (FIRST) at Essex Partnership University NHS Foundation Trust

Michal started his career in the healthcare sector in 2006 working as a Care Assistant supporting older adults with dementia, joining the NHS in 2008 to work as a Healthcare Assistant (HCA) on the trauma orthopaedic ward in Broomfield Hospital.

Michal then decided to complete his nurse training and qualified as Registered Mental Health Nurse in 2013. After working for almost 5 years on an inpatient admission ward he decided to move to community care to support people with dementia and suspected dementia in their places of residence. Since joining the NHS, Michal has continued his learning by completing various courses, workshops, attending numerous conferences and by completing two credited level 7 modules at Anglia Ruskin University - Advanced Skills in Clinical Assessment and Advanced Non-Medical Prescribing (V300). Michal has also been completing Management Development Programme modules facilitated by his Trust to develop his managerial and leadership skills.

After qualifying as a Register Mental Health Nurse, Michal wanted to advance his nursing career to the point where he was able to assess and diagnose patients, including prescribing and de-prescribing to improve their quality of life. He also wanted his focus to be primarily patient facing, which an Advance Nurse Practitioner role allows. Michal also felt that becoming an advanced practitioner was a way to consciously advance his clinical practice and gain new skills and knowledge.

Michal applies the clinical expertise pillar of advanced practice by undertaking face-to-face clinical assessments and treatments (including prescribing) of older people with dementia, suspected dementia as well as those with functional mental health problems. Michal also undertakes risk assessments and is involved in collaborative care planning for his patients, working as part of a multi-disciplinary team. He also engages involved agencies, including the Adult Social Care team and Alzheimer's Society, in the care of patients.

“

I can honestly say that, at times, both Mum and I felt quite lost and bewildered...seeing the deterioration in Dad and struggling to understand the system for assessment, treatment, diagnosis, support...You and the DISS were the one constant that guided us through the maze of hospitals, doctors, carers, GPs, social care and other health professionals...There can be no doubt that the work you do at the DISS is invaluable and highly skilled.

Family member of a service user

“

Not only did Michal teach me new things, he also took the time to explain indepth what he was teaching me to make sure I really understood it, which a lot of assessors might not do as a lot of assessors assume they have or will be taught everything by their university

Student

As an advanced practitioner, Michal provides leadership in various way. He is the clinical lead for two older adults crisis admission avoidance and home treatment teams. He also clinically manages and supervises a team of staff .

Michal supports education and training by supervising student nurses and staff undertaking advanced practice training. He also provides in-house education sessions on dementia to staff across the pathway.

Michal engages in research by undertaking audits and co-developing operational policies for the dementia service.

As an advanced practitioner, Michal’s role has a direct and positive impact on patient’s experience; his skills and expertise helps achieve better outcomes for patients and improves their satisfaction with the service. Michal and his team can collaborate with the patients and, where appropriate, their families to try and avoid unnecessary hospital admissions and to ensure that they can be effectively supported in their own homes or other places of residence.

For Michal, there are two aspects of his role he enjoys the most. One being direct patient contact allowing him to support them and their families and carers, the second is supporting staff and students in developing their knowledge and skills.

“

Michal was very passionate and committed to his role as a mentor and always acted as a resource to facilitate my learner and professional growth

Student



JOB ROLES FOR CLINICAL PILLAR

Assesses and treats patients

Non-medical prescriber

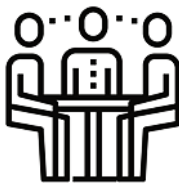
Collaborates with a multi-disciplinary team to deliver care



JOB ROLES FOR LEADERSHIP PILLAR

Clinical lead for two teams

Supervises and manages a team of clinicians



JOB ROLES FOR EDUCATION PILLAR

Supervises students and staff undertaking advanced practice training

Delivers dementia education sessions to staff



JOB ROLES FOR RESEARCH PILLAR

Undertakes audits

Develops operational service policies

CLINICAL

LEADERSHIP

EDUCATION

RESEARCH

Michal works across the four pillars of Advanced Practice

Produced by the East of England Faculty of Advancing Practice