

Advanced Practitioner

Ciaran Dutton, Advanced Clinical Practitioner

Ciaran is an Advanced Clinical Practitioner working at Norfolk Community Health and Care NHS Trust



Ciaran joined the NHS in 2009 as a student paramedic at the East of England Ambulance Service, qualifying as a paramedic in 2014, where he gained a Higher Education Certificate in Emergency Medical Care from the University of East Anglia (UEA).

Ciaran continued his learning by completing standalone level 7 CPD modules, which were then able to APEL across when enrolling on an Advanced Professional Practice MSc pathway at UEA. Continuing his MSc and completing an independent and supplementary prescribing course, Ciaran moved to Norfolk and Norwich University Hospital (NNUH) NHS Trust in 2018 to work in the Acute Medical Unit.

In 2020, Ciaran joined Norfolk Community Health and Care NHS Trust as an advanced practitioner, working across the Trust's inpatient units and NEAT (Network of Escalation Avoidance Team). Ciaran has recently passed his final MSc module and will graduate soon.

After experiencing managerial roles, Ciaran decided his passion was being patient facing and he wished to progress clinically, so began the pathway to advanced practice.

As an advanced practitioner, Ciaran works at an expert level of clinical practice across his Trust's inpatient rehabilitation wards and within the NEAT (Network of Escalation Avoidance Team). When working in the wards, he works independently and autonomously, providing day-to-day clinical management of patients, which includes: the management of acutely unwell patients; writing prescriptions; medicines optimisation; CPR; escalation discussions; writing of ReSPECT forms; and management of palliative patients including commencing anticipatory medications and syringe drivers. Working within NEAT, Ciaran receives referrals for a variety of conditions from community colleagues, primary care and the ambulance services, where he will carry out telephone consultations and home visits, with the aim of avoiding unnecessary conveyances and admissions to acute hospitals.

As an advanced practitioner, Ciaran provides clinical leadership to the multi-disciplinary teams he works within, working with a range of clinical and medical professionals in both the ward setting and in the NEAT.

Ciaran supports the education and training of his team. For example, he is developing a training package on deteriorating patients for nursing colleagues, and will be supporting students undertaking their independent prescribing qualification. He is also advising on a new community virtual ward being set up across Norfolk.

Ciaran's team is passionate about working in the patients' best interests, focusing on avoiding unnecessary investigations and transfers to acute hospital, reducing polypharmacy in frail and elderly patients and providing comfort to palliative/end of life patients.

What Ciaran enjoys most about his role is the autonomy he has as an advanced practitioner, being the first port of call with medical queries and concerns, and that his team works for the best interests of all of their patients. Ciaran also reflects that, despite coming from an acute care background, he has found palliative and end of life care to be incredibly fulfilling, and the variation between working on the ward and in patient homes keeps his role varied.



JOB ROLES FOR CLINICAL PILLAR

Assessment and treatment of patients

Advanced care planning and CPR discussions

Works autonomously

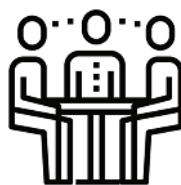
Prescription writing and deprescribing



JOB ROLES FOR LEADERSHIP PILLAR

Leadership within multi-disciplinary teams

Assisting staff in developing knowledge and skills



JOB ROLES FOR EDUCATION PILLAR

Developing in-house training packages

Support prescribing and medical students



JOB ROLES FOR RESEARCH PILLAR

Auditing within area of practice suggesting service improvement

CLINICAL

LEADERSHIP

EDUCATION

RESEARCH

Ciaran works across the four pillars of Advanced Practice

Produced by the East of England Faculty of Advancing Practice