

Advanced Practitioner

Mark Bargent, M.Sc. B.Sc. R.N. (M.H.) **Advanced Clinical Practitioner - Primary Care Mental Health**



Mark started his career in mental health services in 1996 by embarking on Project 2000 training as a RMN.

His first post was in adult working age mental health in-patient services in 1999. He has held various clinical and operational management posts in in-patients services and community mental health teams.

Working in acute care enabled him to obtain management and clinical skills to help patients from crisis point through to recovery.

Mark has used the appraisal process to reflect on his career opportunities over the years and how best to help patients. In 2003 he decided to embark on the M.Sc. in Advanced Clinical Practice at the University of Essex.

It was some years before he moved into the role of advanced clinical practitioner. However, since moving into Primary Care Mental Health in April 2019, he has seen how his existing skills of leadership and clinical management can be used in a collaborative way that remains patient focused.



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Advanced clinical practice has enabled me to push traditional boundaries of care to meet the needs of our communities.



My focus is to ensure that I use my skills and leadership to support the Mental Health PCN Team and Primary Care colleagues to provide timely mental health care to our patients.

In his current role Mark works in the Tendring and Colchester area offering assessment and consultation to patients in G.P surgeries.

He mainly sees patients that have been referred by G.Ps or PCN clinicians who they feel may benefit from his review and input.

Mark sees a variety of conditions ranging from depression and anxiety to complex illnesses such as schizophrenia.

He often treats patients using interventions ranging from brief intervention to medical review.

Being part of the PCN team brings more joined up working between primary care and secondary mental health care.

Part of Mark's role is advising the PCN team on treatments to help patients as well as providing supervision to all health professionals.

Another part of his role includes supervising M.Sc. Advanced Clinical Practitioners in training, as well as those learning to become Registered Independent Prescribers.

Mark offers teaching around diagnosis and treatments to all disciplines, but most of all he continues to enjoy patient contact. He has interests in psychotic illnesses and the care and treatment of such conditions.



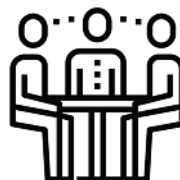
JOB ROLES FOR CLINICAL PILLAR

- Assessment and Consultation
- Medication reviews
- Offers clinical advice.
- Medication MDT to PCN team.



JOB ROLES FOR LEADERSHIP PILLAR

- Service development in PCN
- Supervising NMP's
- Supervising M.Sc. Advanced Clinical Practice



JOB ROLES FOR EDUCATION PILLAR

- Advising G.P's/ clinicians on medication advice.
- Educating junior staff.
- Supervising NMP's and trainee advanced practitioners



JOB ROLES FOR RESEARCH PILLAR

- Audit of treatment of medication advice given in primary care.

CLINICAL

LEADERSHIP

EDUCATION

RESEARCH

Mark Bargent works across the four pillars of Advanced Practice

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