

# Advanced Practitioner

Tanya Rumney—Professional Lead Advanced Practice Dietitian

## Tanya Rumney is an Advanced Clinical Practitioner in Dietetics at Countess of Chester Hospital



Tanya Rumney has worked as an AHP dietitian since 2001. She was employed as a locum dietitian for a few years, before moving to the Countess of Chester Hospital in 2008. It was there she fulfilled a role redesigning a clinical service to improve patient access and safety.

Tanya Began her ACP training in 2019 as the Countess of Chester Hospital recognised the value that ACP roles bring to several different clinical pathways. She worked with her employer to have her role recognised as an advanced practice role by submitting a portfolio of evidence. She is currently working with the Centre for Advancing Practice to submit her portfolio through the e-Portfolio (supported) Route.

For many conditions that result in a complex nutrition presentation, a dietetic AP is the best person to manage these patients.

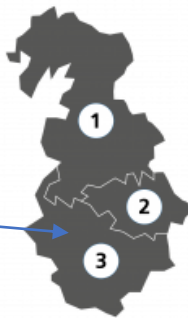
Tanya has led the upskilling of the dietitians within gastroenterology, and the development of a dietetic AP role. This has allowed for delivery of a more timely and cost-effective pathway. The dietetic AP can manage patients referred into secondary care that previously would have been seen by a gastroenterologist. As a result, patients are seen by the right clinician for their presentation which has been of huge benefit in restoring services post pandemic. Without this pathway, patients without urgent presentations would have much longer wait times for care.

Tanya is currently aiming to work with the Countess of Chester hospital to look at the possibility of using AHP ACP roles in areas that have historically been filled by nurses.

There are more patients with complex presentations alongside significant system wide workforce challenges. Upskilling of AHPs to Advanced Practitioners can support this challenge whilst also improving the care provided to our patients.

“ ACP gives staff an opportunity to progress in their career clinically. Previously we would have lost the most clinically advanced staff to management roles but ACP allows career progression through clinical roles.”

Chester



“ACP allows for patients to be seen by the right person with the right clinical skills, to deliver their care with fewer appointments, fewer delays in treatment and care that feels less fragmented.”

Tanya works along side a multitude of health care professions, such as GPs, doctors, nurses, physiotherapists, OTs, speech and language therapists, and ACPs.

Tanya is required to use her knowledge and experience to deliver advanced practice level care to her patients, and support to her colleagues. She delivers the best care possible for her patients whilst promoting the best working environment for the team that she is responsible for, as she sees the members of her team are the future of the profession.

She is able to incorporate all 4 pillars of ACP into her role. Leading on service improvements and innovations maintains her leadership pillar. In relation to education, she supports a collaborative working relationship with the local HEI to improve the standard of dietetic education within the North West. Tanya has also developed a network for AHP ACPs to share and offer peer support and supports colleagues who undertake research projects. Tanya manages to integrate all of this into her daily duties while also performing her clinical role, assessing patients and making treatment recommendations for patients with complex nutrition presentations.



### JOB ROLES FOR CLINICAL PILLAR

- Assessing patients
- Make treatment recommendations for patients with complex nutrition needs.
- Reviewing patients

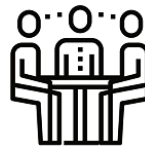
CLINICAL



### JOB ROLES FOR LEADERSHIP PILLAR

- Lead on service improvements and innovation
- Influence the AHP agenda within her organisation
- Role model trust values
- Encourage open and honest culture in her team

LEADERSHIP



### JOB ROLES FOR EDUCATION PILLAR

- Support a collaborative working relationship with local HEI
- Roadmap supervisor
- Supporting trainee First Contact Practitioners in Primary Care

EDUCATION



### JOB ROLES FOR RESEARCH PILLAR

- Support colleagues with research projects
- Oversee quality improvement projects
- Audits
- Support governance processes

RESEARCH

**Tanya works across the four pillars of Advanced Practice**