

Advanced Practitioner

Kay Roscoe –Advanced Clinical Practitioner

Kay Roscoe is an Advanced Clinical Practitioner in Adult Mental Health Services at Mersey Care NHS Foundation Trust



Kay Roscoe worked as an Occupational Therapist (OT) and Ward Manager in a secure service, but wanted to further develop her skills and competencies as a clinician.

Kay began her ACP training in 2016, when the senior leadership team at North West Boroughs Healthcare FT identified a gap in services that could be solved by an ACP. With support from her Head of Operations she undertook a Trainee ACP role and over 2 years, she completed a number of experimental placements to develop a broad range of Advanced Practice Skills, and is now an ACP based in Warrington, at Mersey Care NHS FT.

In her ACP role, Kay works alongside a plethora of health care professions such as psychologists, nurses, support time recovery workers, medics, OTs, and speech and language therapists.

Every day Kay is required to utilise her experience and ACP training to ensure the best outcome for her patients. Currently, her clinical practice is focussed on the resilience and emotional strengthening pathway, providing extended assessments. She is also responsible for facilitating treatment groups, facilitating brief interventions, diagnostic assessments, formulation and reviews.

Kay incorporates teaching, quality improvement and transformation, alongside her clinical duties. She continues to develop while in her ACP role through experiential learning and high quality supervision.

Kay's personal approach is to be visible and approachable. She does her best to be a role model by displaying the values of Mersey Care, and keeping the patient at the centre of all of her decisions. Her passion for mental health and her approach to her position help to deliver positive patient outcomes.

“When you first took my case on, I was in a very dark place and it could have gone either way, thank you for your support. I have massive issues trusting people but since the day I started working with you, that trust was there straight away. From the bottom of my heart thank you”

Patient feedback



Warrington

“Advanced clinical practitioners bring leadership and evidence based practice to support better patient outcomes”

Kay has undertaken many training opportunities throughout her career. This includes continuing professional development (CPD) around diagnostic assessments, particularly in regards to personality disorder. Kay has also done further CPD around specific treatment modalities that are relevant to her role.

In early 2022, the North West Faculty for Advancing Practice recruited Kay as their Training Programme Director for mental health, where she is working on a project to utilise an action learning approach to support the development of trainee ACPs. Kay is proving to be an excellent addition to the faculty and her passion for mental health is driving her project forward.

Kay believes that advanced clinical practice helps patients by improving access to robust assessment and treatment plans. It also benefits NHS staff by providing additional clinical leadership and support. Furthermore, it demonstrates that career progression does not necessarily mean going via an operational leadership route.



JOB ROLES FOR CLINICAL PILLAR

- Resilience and emotional strengthening
- Treatment groups
- Facilitating interventions
- Extended & diagnostic assessments
- Reviews

CLINICAL



JOB ROLES FOR LEADERSHIP PILLAR

- Member of senior leadership team
- Workforce transformation & quality improvement projects
- Facilitate supervision
- Lead the adult inpatient OT pathway

LEADERSHIP



JOB ROLES FOR EDUCATION PILLAR

- Developed CPD prospectus available to all NHS staff
- Guest lecturer
- Coaching and mentoring

EDUCATION



JOB ROLES FOR RESEARCH PILLAR

- Dissemination of best practice
- Co-lead peer reviews
- Audit and service reviews

RESEARCH

Kay works across the four pillars of Advanced Practice